



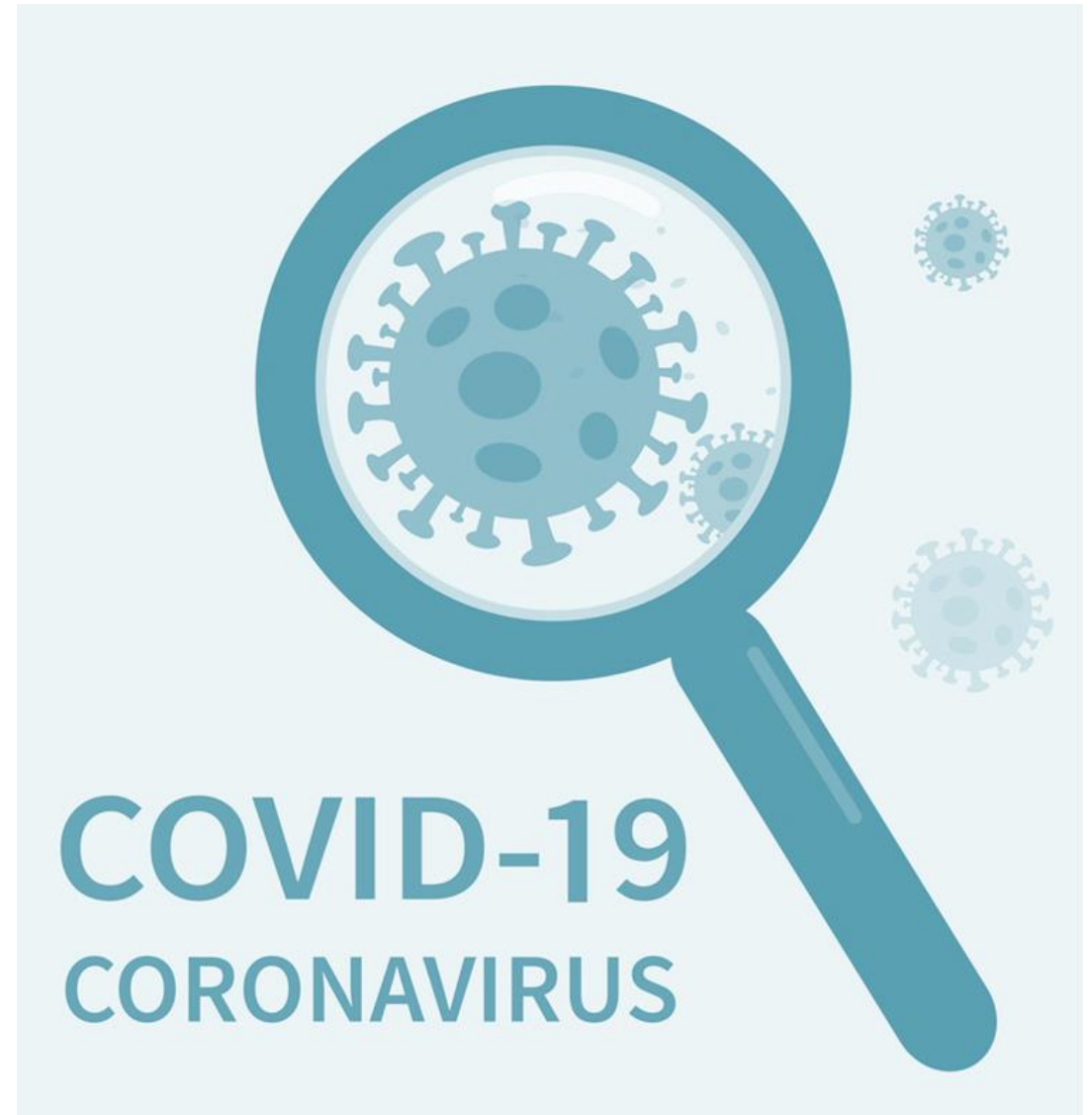
informing & empowering

Coronavirus (COVID-19)

Occupational Health Support Services

In addition to our standard occupational health services we have developed a number of additional supportive services aimed at businesses who have been impacted by Coronavirus.

Whether you are an existing client or simply seeking extra support this guide will provide you with an introduction to areas we can help your business and to access them simply get in contact with us.



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Corazon Health Limited is registered in England and Wales; Company Number 4434615

Home Working

We are in a unique and unprecedented situation where, following government guidance, more and more people are working from home.

Not everyone is equipped with a home office, which can lead to the development of poor posture and bad practices.

A telephone-based consultation with your home workers, to complete a Display Screen Equipment (DSE) assessment, can minimise the risk to health by ensuring that your employees are set up correctly.

Our informative assessment will provide guidance on minimising the impact of new and/or existing health conditions along with providing advice on good working practises whilst at home and how to stay fit and well.



Mental Health Support

It is expected that prolonged social isolation, along with worrying about the economic future will have a significant effect on your employee's mental health.

Resilience against the challenges of dealing with COVID-19 is important to consider when your staff will be facing unprecedented levels of pressure.

Coping with immediate changes to their working life and a potential of a loss of work life balance are just some of pressures your staff may face.

Our telephone counselling service can support employees in developing healthy coping mechanisms and techniques in order to enable them to become resilient.

